C. diff Enhanced Support

Who is it for?

If you have recently had, but recovered from, a C diff infection, the Health Protection Hub at Telford & Wrekin Council can offer you free advice and support in how to reduce the risk of a recurrence.

Why is it important?

Unfortunately, recurrences are common and each recurrence comes with an increased risk of severe complications. The good news is that there are effective and simple steps you can take to minimise this risk.

How does it work?

If you would like someone to call to discuss this with you and offer sensitive and sympathetic support, please contact the Health Protection Hub using the details below:

Tel: 01952 381800

Email: <u>HealthProtectionHub@telford.gov.uk</u>

Someone will call you and run through a range of measures you can take to reduce your risk, most of which will have other positive health benefits too. This will take about 30-45 minutes and they will send you a written summary of the discussion.

You can contact them at any time to clarify anything you're unsure about or to discuss certain aspects in more depth, and they will check-in with you at 1 month and 3 months to see how you're getting on.

Health Protection Hub
Telford & Wrekin Council