

Attachment and Trauma Informed Practice for Schools.

This training session is for all staff in a school community, whether they be teachers, learning support assistants, school meals supervisors, or taxi drivers. The training provides an overview of the impact of trauma and the key principles and strategies that work to support young people who may have experienced trauma.

This course aims to:

- Enable delegates to understand the key tenets of relational and attachment and trauma informed practice
- Explore the importance of strong relationships for young people who may have experienced trauma and how to strengthen these
- Understand the impact of trauma and how this may affect presenting behaviours.
- Enable delegates to understand behaviour as a communication of need.
- Demonstrate how to produce bespoke plans that support young people at each stage of emotional regulation.
- Enable delegates to explore strategies to help young people regulate.
- Help delegates understand what is meant by a restorative approach and how this can be used to support young people.

Learning objectives

After completing this training delegates will be able to:

- Reflect on, develop and improve you own knowledge, understanding and practice in working with young people who may have experienced trauma.
- Describe the key tenets of attachment and trauma informed practice.
- Describe strategies that can be used to meet the needs of young people who may have experienced trauma.

The course is also accompanied by a pack of resources which can be used to support school's development of attachment and trauma informed practice.

Duration: 1.5 hours

Cost: Free to all T&W LA Schools & Academies; £300 for Non T&W Schools