

Trauma Informed Practice - 28th November 2023

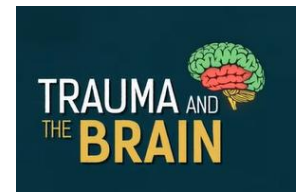
Key links from today:

www.telfordsafeguardingpartnership.org.uk – be sure to check out the learning and training section for details of upcoming training and learning resources such as 7 minute briefings, previous recorded seminars, various educational safeguarding resources and links to a multitude of specialist websites



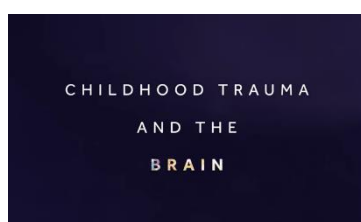
www.ladslikeus.co.uk - make use of Danny and Mike's website and spread the message among colleagues to #AskWhy!

Trauma and the Brain - This short video helps explain how the brain works and the impact trauma can have on it, watch it here: www.youtube.com/watch?v=4-tcKYx24aA&t=105s



Dr. Bruce Perry discusses how a young person's brain can react neurologically, physiologically, and psychologically to trauma which can impact on a child's development. <https://www.youtube.com/watch?v=iGwpkxTy2hA>

What is trauma? The author of "The Body Keeps the Score" explains - Bessel van der Kolk <https://www.youtube.com/watch?v=BJfmfkDQb14>



A general introduction to what happens in the brain after children face traumatic experiences in childhood, like abuse and neglect.

<https://www.youtube.com/watch?v=xYBUY1kZpf8>

A renowned speaker, and bestselling author, Dr. Gabor Maté is highly sought after for his expertise on a range of topics including addiction, stress and childhood development - www.drgabormate.com

TRAUMA IS AN INVISIBLE FORCE THAT
SHAPES OUR LIVES. IT SHAPES THE WAY WE
LIVE, THE WAY WE LOVE AND THE WAY WE
MAKE SENSE OF THE WORLD. IT IS THE ROOT
OF OUR DEEPEST WOUNDS.



Telford STaRS provide a free, confidential and easy to access service for anyone needing support for their alcohol or drug use living in Telford and Wrekin

Thank you for attending, we really hope you have found the afternoon eye opening and will start to influence the way you understand trauma and its impact on individuals throughout their life.

We would appreciate any feedback following this session so please email:

partnerships@telford.gov.uk