

The impact so far of 18 schools using the CAS Framework over 18 months...

- 93%** schools reported **pupil wellbeing had improved**
- 74%** reported **behaviour had improved**
- 80%** reported children's **social skills had improved**
- 87%** reported **movement and physical activity are a daily habit** and are embedded throughout the whole school
- 100%** reported that **staff mindsets had changed** and staff are **more likely to advocate for movement and physical activity**

Further impact so far...

Emotional regulation has improved

Children can process their thoughts and feelings better.



Pupil engagement

Schools are responding to pupil **feedback** around how they want to be active and **involved** in the **clubs and games** being offered.

Learning

Pupils have **better concentration** in class and **stamina for learning** has improved. Regular use of active breaks help pupils to focus better.

100% schools reported **staff confidence** in using active learning.

100% schools reported **pupil activity** levels **increased**.